



Al Capp's Lil Abner series

*What Shadow does your
life cast?*

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Do you start your day with a *Smile* or a *Frown*?

Do you start your day with a *gratitude list* or a *list of complaints*?

The Crown that you wear every day—is it *one of suffering and misery* or is it one of *joy and serenity*?

Do you give yourself a medal for putting up with things, being tough, standing up and taking it all without a whimper?

OR - Do you live in humility? Taking responsibility for the consequences that are happening in your life? Do you assist others when the opportunity presents itself?

Proverbs 3:27 says:

“Do not hold good things from those whom it is due, when it is within your power to help them.” (The Law of Referrals)

Negative thinking can be Habitual thinking! Become willing to let go of some old beliefs. You and only you are responsible for your thinking. No one can make you think something you don't choose to think. Circumstances in your life do not dictate that you must think certain thoughts.

Choose thoughts of things you desire in your life and let go of thinking about things you want to get rid of.

(The Bible said it first) (BSIF) Galatians 6:7

“Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap” Or what goes around comes around or where your focus is, so shall ye manifest. Sometimes this is referred to as the Law of Attraction or the Law of Free Will.